

# The Family Doctor

1728 Fordham Blvd, 151 Rams Plaza, Chapel Hill, NC 27514 Fax (919) 942-0038

Name: \_\_\_\_\_

Date: \_\_\_\_\_

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## NURSING SKILLS INVENTORY

Please put a check mark in the box that best reflects your level of experience for each of the skills listed.  
Written comments and the listing of additional skills are welcome.

Nursing Skills:	Willing to learn	None	Minimal	Some	Proficient	Comments
Blood Pressure (manual)						
Pulse (manual)						
Obtaining pt hx & complaint						
Obtaining pt medication list						
IM injections: Deltoid						
IM injections: Gluteus						
IM injections: Vastus Lateralis						
SQ injections						
PPD injections						
Interpreting PPD tests						
Knowledge of immunizations						
Eye irrigation						
Ear irrigation						
12-lead EKG						
Hearing Screening						
Vision Screening: Distance						
Vision Screening: Color						
Aerosol/nebulizer treatments						
Well-child exam						
GYN / PAP set up						
GYN / PAP assist						
Applying ace wraps						
Applying splints						
Fit & use of crutches						
Setting up a sterile field						
Cleaning wounds						
Dressing wounds						
Suture set up						
Suture removal						
Assist w/ I&D surgery						
IV insertion						
IV set-up / maintenance						
Telephone Skills:	Willing to learn	None	Minimal	Some	Proficient	Comments
Triage						
Medical Advice						
Prescription refills						

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Lab Skills:	Willing to learn	None	Minimal	Some	Proficient	Comments
Finger stick						
Phlebotomy (straight needle)						
Phlebotomy (butterfly)						
Urine drug collection						
Use of microscope						
Use of autoclave						
Use of centrifuge						
Use of glucose meter						
Use of lab computer (we use LabCorp)						
Use of CBC analyzer						
Urine pregnancy test						
Strep test						
Collecting throat swab						
Collecting clean catch urine						
Urine dipstick						
Mono tests						
Stool O&P / cultures						
DNA probe						
Herpes culture						
Wet prep						
KOH skin						
Processing hemocult cards						
PAP smear paperwork						
Taking X-Ray Skills:	Willing to learn	None	Minimal	Some	Proficient	Comments
Chest						
Spine						
Abdomen						
Extremities						
Miscellaneous:	Willing to learn	None	Minimal	Some	Proficient	Comments
Use of Electronic Medical Record (specify program)						
Other computer skills (specify)						
Foreign languages (specify)						