

The Family Doctor

1728 Fordham Blvd, 151 Rams Plaza, Chapel Hill, NC 27514 Fax: 919-942-0038

Name: _____

Date: _____

NURSING SKILLS INVENTORY

Please put a check mark in the box that best reflects your level of experience for each of the skills listed.
Written comments and the listing of additional skills are welcome.

	Willing to learn	None	Minimal	Some	Proficient	Comments
Nursing Skills:						
Blood Pressure (manual)						
Pulse (manual)						
Respiratory Rate						
Obtaining pt hx & complaint						
IM injections: Gluteus						
IM injections: Deltoid						
SQ injections						
PPD injections						
Reading PPDs						
Knowledge of immunizations						
Throat swabs						
Collecting clean catch urine						
Eye irrigation						
Ear irrigation						
EKG						
Hemocult cards						
Audiometry						
Aerosol/nebulizer treatments						
Vision screening: color						
Vision screening: distance						
Well-child exam						
GYN / PAP set up						
GYN / PAP assist						
Applying ace wraps						
Applying splints						
Casting assistance						
Fit & use of crutches						
Setting up a sterile field						
Cleaning wounds						
Dressing wounds						
Suture set up						
Suture removal						
IV prep and maintenance						

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Lab Skills:						
Finger stick						
Venipuncture						
Urine drug collection						
Use of microscope						
Use of autoclave						
Use of centrifuge						
Use of glucometer						
Use of lab computer (we use Lab Corp)						
Use of CBC analyzer						
Urine pregnancy test						
Urine dipstick						
Mono tests						
Stool O&P / cultures						
DNA probe						
Herpes culture						
Wet prep						
KOH skin						
PAP smear						
Taking X-Ray Skills:						
Chest						
Abdomen						
Extremities						
Telephone Skills:						
Triage						
Medical Advice						
Prescription refills						